



Anglican Parish of
Caversham Saint Peter,
Dunedin, New Zealand

THE ROCK

July 2014—Trinity



Vicar General Saint Peter's guest



The Reverend Eric Kyte (pictured above), Vicar of St Johns, Roslyn, and Vicar General of the diocese of Dunedin was our guest preacher on 29 June—the celebration of our Patronal Festival.

His sermon talked of the life and character of St Peter and of the very personal nature of Peter's connection with Christ.

There are lessons there for the modern Church. "We live in dangerous times", said Mr Kyte, "Those 'Advanced' thinkers amongst the flock who seek often with good intent to disconnect the person of Jesus of Nazareth from 'that spiritual force which we have been taught to call God'; in so doing, deny our true humanity, which can Only be known in Jesus Christ."

New life for old vestments

By David Hoskins

During the interregnum a call was received by churches throughout the diocese for any spare or old vestments, stoles and linen for use in churches in Vanuatu. At the time we were having a 'clear out' of some old vestments which were no longer used and sent a large package with our best wishes and prayers for the church in the Pacific. Little has been heard since, which isn't surprising as the chasubles ended up on Pentecost Island in a community called Loitong in the North of the island. Communication is largely through the Anglican Church and that is sporadic.

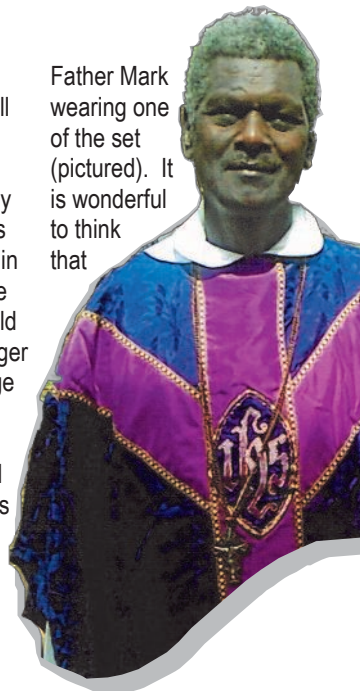
A letter has been received from Father Mark Ligo of St Peter's



"Pentecost Island is famed for men who dive off tall structures..."

Anglican Church in Loitong thanking us for the gift of vestments and a photograph accompanying the letter shows

Father Mark wearing one of the set (pictured). It is wonderful to think that



aging vestments from the very back of the cupboard are now part of the worship in an isolated part of Tikanga Pasifika. Father Mark assures us of his prayers and hopes we, here at Caversham, will pray for the Anglican ministry in North Pentecost.

Pentecost Island is famed for the men who dive off tall structures during celebrations. The link with St Peter's, Loitong will not be lost and we will send a letter including information about our parish in the near future.✉

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The Remarkable Life of Father Edward Evans, 9th Vicar of Saint Peter's Caversham



Father Hugh
Bowron

By The Vicar

Continuing his explorations in *The Blain Biographical Directory of Anglican Clergy in the South Pacific*, the present vicar of Caversham finds one of his predecessors.

Edward Evans was born in 1881, and trained for the Anglican ministry at Lincoln Theological College from 1902 to 1904. He was ordained into the diocese of Norwich, and served his apprenticeship, first as Curate of St Margaret, Lowestoft from 1904 to 1907, and then in the diocese of Durham as Curate of St John the Baptist, Newcastle on Tyne from 1907 to 1909. In 1909 he travelled on leave to Baltimore, Maryland on the eastern seaboard of the United States, a place which as we shall see was to have a major influence on his life.

On his return to Britain he was briefly Curate of St Luke, Cambridge in the diocese of Ely.

Then in 1910 he joined the Mission of Hope, a team of 16 missionaries sent to revitalise the Anglican Church in New Zealand. The Anglican Church in these islands experienced its best boom time in the late 19th century, with the highest percentage of the nation in its pews at any time before or since, but as the Edwardian age wore on it perceived itself to be slipping in Church attendance and called on the mother church to help. The Mission of Hope, soon to be renamed the Mission of Help, was the response. The 16 missionaries had a variety of skills, a reflection of the fact that the Edwardian Church had a sense of what was required in order to carry out parish missions, and of its carry over vitality from the Victorian Church, with its recovered sense of confidence and purpose, received in part from the Oxford movement. The missionaries included Fathers Fitzgerald and Rees of the Community of the Resurrection, Mirfield, and they aimed if possible to carry out a mission in every Anglican parish in New Zealand. They arrived in Wellington on the Turakina on the 25th of August 1910, and would remain here until early 1911.

We must suppose that Father Edward Evans had visited Dunedin, for at the end of March 1911 he became the Vicar of Saint Peter's, Caversham. He must have been a man of remarkable energy for he immediately threw himself into the task of missionising St Kilda, which he felt required a much stronger sense of Anglican presence. He was responsible for the building and opening of Holy Cross, St Kilda, which at first was a Chapel of ease, a quaint Victorian term for a mission church, of Saint Peter's, Caversham, until it became a

parish in its own right in 1917. By then Evans was

long gone, departing for America in September 1914. His entry documents to that country described him as being of medium height and build, with grey eyes and dark hair.

There he became the curate in charge of St Luke's, Baltimore, a large Anglo-Catholic parish with 1200 parishioners. They must have liked him for he was soon appointed the Rector. Then occurred the most remarkable event of his life. He married Helen Fiske in 1917, at the great Anglo-Catholic shrine of St Mary the Virgin, West 46th Street, New York. Her élite status is shown by the fact that her cousin Charles Fiske, Coadjutor Bishop of Central New York, married them and that the

Letters

The Rock welcomes letters to the Editor. Letters should be no more than 150 words in length and are subject to selection and, if selected, to editing for length and house style. Letters may be:

Posted to: The Editor of The Rock,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to:

TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar,
57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Or email:

AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to: Ask The Vestry,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to:

AskTheVestry@stpeterscaversham.org.nz

The New York Times

January 10, 1917

MISS FISKE IS WED TO REV. E. D. EVANS

Daughter of Mr. and Mrs. Haley
Fiske Marries Rector of
St. Luke's, Baltimore.

THREE SISTERS ATTEND HER

Bishop Fiske Performs Ceremony in
Church of St. Mary the Virgin.
—A Musical Program.

Headlines from The New York
Times' report of the marriage of the
9th Vicar of Caversham.

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Solemn Nuptial Mass was celebrated by Reginald Heber Weller, the Bishop of Fond Du Lac, Wisconsin (traditionally one of the Anglo-Catholic dioceses of the Episcopal Church), assisted by the Vicar of St Mary's. The wedding guests included the Governor General of Canada, the Marquis and Marchioness of Aberdeen, and another Episcopal Bishop.

Helen was the eldest daughter of Haley Fiske, a millionaire whose wealth flowed from the fact that he was President of the Metropolitan Life Insurance Company. He was a trustee of Rutgers

University, a generous benefactor of St Mary's, having paid for their Lady Chapel, and also gave generous endowments to the diocese of Newark, New Jersey, of which the notorious John Spong would later be Bishop towards the end of the 20th century. He also gave generous financial support to St Mark, Mendham, where he was a Churchwarden. The great golden doors of the cathedral of St John the Divine, New York are a memorial to

(Continued on page 3)

Flags

By Ian Condie

In the latter half of last century New Zealand ports were usually filled with ships of the Conference Lines - Blue Star, Port Line, N.Z. Shipping Co. and Shaw Savill. They ran regularly between Britain and N.Z. and liked to maintain old fashioned standards based loosely on the Royal Navy. The ceremony and protocol of flags was one.

In port, flags were hoisted and/or broken out at 8 am and lowered at 5 pm. Four flags were involved which was handy as most

ships then had four apprentices who had to have the courtesy ensign and the company's house flag rolled up and hoisted to the



mastheads, the stem jack and ensign bent on and ready to hoist in good time.

At eight o'clock, the junior deck officer would blow a whistle, the apprentice on the forecastle head would make (strike) eight bells and simultaneously the courtesy ensign and house flag were broken out at the mastheads and the ensign hoisted on the ensign staff at the stern. With three or four ships lying next to each other, it could be quite effective.



On one never-to-be-sufficiently-regretted occasion, there were only three apprentices so a very new Deck Boy was pressed into service. He was given the ensign to look after. All he had to do was pull it up and then secure the halyards and it was thought nothing could go wrong. It did. The lad walked away to his breakfast leaving the red ensign not only at half mast but upside down - a sign not only of distress but of mourning. ☹️

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Father Edward Evans, 9th Vicar of Saint Peter's

(Continued from page 2)

him.

From the 1920's Helen had many mystical and olfactory (the sense of smell) experiences, particularly of St Therese of Lisieux, the famous late 19th century French Carmelite Nun, but also of Jesus, both in the Tabernacle of the Reserved Sacrament and on the Crucifix, and also of our Lady and the Angels. She was encouraged by Father Spence Burton, the head of the American branch of the Anglican religious order the *Society of St John the Evangelist*, to write these experiences down and publish them in book form. The book went out under the title *The Garden of the Little Flower and other mystical experiences*, and had prefaces by the Bishops of Maryland and Northern Indiana, both of whom were prominent Anglo-Catholics.

In 1919 Father Evans and his mystically inclined wife went back to Britain, where he was at first Curate of St David in the city of Exeter, and then Vicar of Mamhead in the same diocese. He was obviously a man with itchy feet and the travel bug for he would move frequently for the rest of his ministry, becoming successively Chaplain to Huelva, Spain, then Chaplain to Iquique, Chile, which included him becoming an honorary Canon of the Christ Church Cathedral, Port Stanley, in the Falkland Islands. By 1936 he was back in the west country to be briefly Rector of the united benefice of Whatley, which was combined with a ministry to the Chantry Chapel of Mells Manor, Frome, in the diocese of Bath and Wells, then from 1937 to 1939 Vicar of Stampford, Arundel, near Taunton. He did settle down for the war years for his final post as Vicar of All Hallows in South London, though even here drama attended him as the Church was gutted by fire, presumably as a result of the attentions

of the Luftwaffe.

Father Evans retired to the west country, where he died sometime in the mid 1950's. He was described as an Anglo-Papist; that is to say one of those who longed for and worked for the reunification of the western Church under the leadership of the Bishop of Rome as its focus of unity and source of governing authority. This would indeed have placed him at the extreme end of the Anglo-Catholic spectrum.

There is one final puzzle to his life. He left an estate worth 330 pounds sterling. Did he and his wife not inherit a great deal from her millionaire father, or did her father lose his money in the great crash of 1929, or did the wandering couple spend their inheritance in their many moves and considerable travel? His was clearly an interesting life, which included a marriage to a most unusual woman. ☹️



Nutritious

The Nordic Way

By Alex Chisholm



We have probably all heard of the Mediterranean diet, but now there is another major regional eating pattern—namely the Nordic diet—gaining attention among a wider audience. The health community, though, has been aware for years of the work done in these countries. Finland has had major Cardiovascular disease (CVD) and diabetes (DM) prevention programmes and been a leader in this field. It has also carried out observational public health studies looking at the foods eaten by people in different regions known to have very different rates of CVD. This has helped to determine the effect of diet on health.

The Nordic countries comprise Denmark, Finland, Sweden, Norway, Iceland, the Faroe Islands, Greenland and Åland and the Nordic Co-operation is one of the world's most extensive forms of regional collaboration. The many countries in this group have varying cuisines but foods and features in common.

Healthy foods in common

- ◆ Fruits: A wide variety of berries, and apples
- ◆ Wholegrain cereal products: Rye, barley, oats
- ◆ Fish: oily and white
- ◆ Dairy products: low fat and of Nordic origin
- ◆ Oil: Rapeseed (Canola) oil
- ◆ Vegetables: roots vegetables and cabbages; pulses
- ◆ Meat: Lean and (often) game meat

The Nordic Nutrition Recommendations

Released by the Nordic Council of Ministers and available at www.norden.org/nnr, these focus on quality and the whole diet. This is an expert scientific policy document. It provides recommendations about the nutrients e.g. the amount and type of fat, and the percentage of carbohydrate and protein that should be eaten for optimal health. These recommendations can be used by the

individual countries and adapted to their local cuisine. It is a truism that people “eat foods not nutrients” so the nutrient recommendations need to be translated into food, such as two fruits and three vegetables per day, two servings of fish each week, two servings of dairy products per day, a small handful of nuts 3-5 times per week. There are similarities between the Nordic and Mediterranean diets so far as recommended nutrients are concerned, but the foods involved are very different, due to geography and climate.

On an historical note, nuts were also a source of protein. Hazelnuts were the only nut found wild in Scandinavia and were consumed throughout Scandinavia and the Viking settlements. Walnuts were imported, even in the Viking Age, and medieval Scandinavian cooks imported almonds and chestnuts as well.

To help people make the best food choices the Nordic countries use a Green Keyhole (pictured)



—like our Heat Foundation Tick.

After I started writing this I noticed the following article:-

“Eat like a Viking”
Jennifer Bowden, NZ Listener July 12-18th, 2014.

For those of you with access to the NZ Listener, I recommend this article. Jennifer is an Otago University science graduate in Nutrition and writes interesting articles on a variety of topics. In this article she interviews Professor Jim Mann, from the Department of Human



Nutrition, on his opinion of the relevance of the Nordic Diet to New Zealand.

I have been very fortunate to be able to attend conferences in Sweden, Denmark, Norway, and Finland. They invariably involved some social activities around food. I was rather surprised though, during one of the outings at the Finnish conference, to see food being cooked in a pit in the ground. As this conference dealt with diet and exercise we'd been dispatched to the forest to get in some planned activity before dinner. However, having duly completed our various competitive team exercises, we still had to wait around until the food was ready—but it was worth it!



Cooking in Finland.

PHOTO: SUPPLIED.

Property notes

By Andrew Nicolson



Home Security Tips

Statistics show that the older you get the less likely you are to be a victim of crime, however it still makes sense to take precautions.

- ◆ Install and use good locks on all doors and windows, a chain on your front door is a good precaution
- ◆ Don't hide keys under the doormat, in the mail box or in a planter. It's best to give a key to a trusted neighbour if you are away
- ◆ Make sure the street number for your house is large and unobstructed
- ◆ Keep bushes and trees close to your house tidy, as they can be good hiding places for burglars and can indicate you're away
- ◆ Don't reveal your name on your mailbox or answer phone
- ◆ When service or delivery people come to your door, ask for ID and check with the company if you are still not sure
- ◆ Joining and having a neighbourhood watch program can be very advantageous
- ◆ If you are away have somebody clear your mailbox or have your mail held
- ◆ Install motion detector lights at front and rear doors
- ◆ Install a peep hole in your front door that ensures you can see the entire entrance way porch etc.
- ◆ Close all curtains at night. 📺

Andrew Nicolson is a licensed real estate agent and regular advertiser in *The Rock*. In this the first of a series of articles of interest to home owners, he looks at simple home security.



"... good locks on all doors and windows, a chain on your front door ..."

Saint Peter's Cabersham



www.stpeterscaversham.org.nz
email: 150th@stpeterscaversham.org.nz

Long-time correspondent dies

Mr Adam Coxon, once a Dunedin resident with connections to Saint Peter's, died in Wellington recently.

For many years Mr Coxon has been a periodic correspondent with various members of the parish and material from his letters will contribute to an archive of historic material being accumulated as part of our 150th celebrations.

The parish's condolences are extended to Mr Coxon's family.

Aural history begins

Another plank in the project to accumulate material for an historical archive began this month with filming of the first in a series of aural history interviews with parishioners.

The Vicar interviewed Shirley and Jim Menzies, who had many recollections of life at St Peter The Less and the transition to "the big church" when The Less was closed.

A slice of our history

Remember to tell Alex Chisholm about food-related stories and items from our parish past. See further details at

<http://www.stpeterscaversham.org.nz/150th/Menu.html>

- ◆ To register your ideas and interest, or to register initial interest in attending our celebrations, email 150th@stpeterscaversham.org.nz or contact The Vicar in the first instance.

Saint Peter's People

Andrew Nicolson

(Continued from page 8)

Society and the Hospice through sponsorship by Officemax and with the Multiple Sclerosis Society because one of his friends has this condition.

Andrew was brought up as an Anglican and attended St Luke's church in Oamaru and its

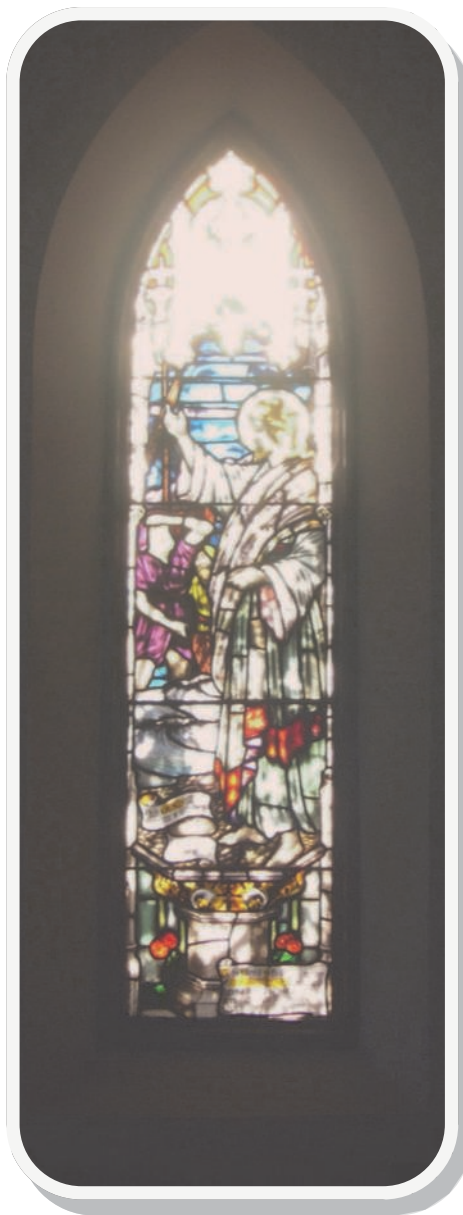
Sunday School until going to high school. Catherine is from a strong Roman Catholic family, though neither she nor any of her four siblings are still active in that Church. Nevertheless Andrew, through his friendship with David, is pleased to support Saint Peter's by advertising in *The Rock*, so any parishioner seeking real-estate assistance should see Andrew Nicolson at Ray White Dunedin. 📺



Andrew at the helm of his power boat.

Looking back

By Ray Hargreaves



F. J. Easter RN

Frederick John Easter was born at Richmond, Yorkshire, on 5 July 1842, the son of Canon Easter. He entered the navy in his early teens and later, as a midshipman, sailed for New Zealand. In 1864 Easter was put in command of the gun boat *Avon*, the first steamboat to sail on the Waikato River. The *Avon* was a paddle steamer which had been built to work the shallow rivers around Christchurch. When bought by the government and moved to the Waikato River, iron cladding was added to its bulwarks as protection from sporadic firing by Maoris from the river banks. She also had a 12-pounder Armstrong gun mounted.

After a year in command of the *Avon*, Lieutenant Easter returned to Britain. He continued to serve in the Royal Navy until retirement in 1873 and returned to New Zealand in late 1876. He apparently lived in Wellington for a few years and was clerk of Parliamentary Select Committees. He moved to Dunedin in the late 1870s and joined the Union Steam Ship Company. It was not a sea-going appointment, but a desk job. He became cashier of the company and retired in 1905.



“He moved to Dunedin ... and joined the Union Steam Ship Company.”

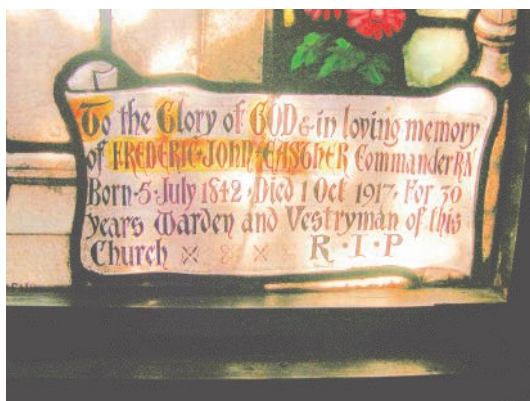
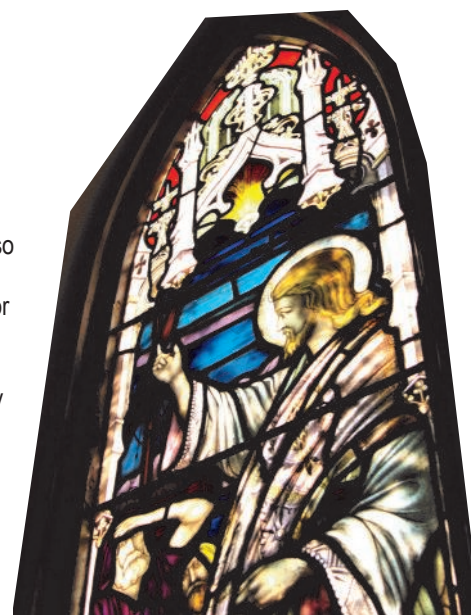
admired within the community and was noticeable for his belief in punctuality. He lived in Kew, and when the street was renamed from Royal Crescent in 1916, he agreed it could be named after him so long as his name was spelt correctly. This was

done, but Easter Crescent is often mispronounced even today. It should be EAST-er, not Esther.

Easter, who was usually called “Captain” though he invariably called himself “Commander”, was married twice. He died on 1 October 1917 and his memorial window was the first to be installed in Saint Peter’s.

From the early 1880s, Easter became very active in the affairs of Saint Peter’s and also within the diocese. In our parish he was on the vestry for over 30 years and often a churchwarden. He was a synodsmen for 14 years, a lay canon of St Paul’s, sat on the Cathedral Board and was a member of the Diocesan Standing Committee.

Easter was liked and



Top left: Sun shines through the Easter memorial window in Saint Peter’s this month. Above left: The dedication. “To the Glory of God in loving memory of Frederic John Easter Commander RN Born 5 July 1842. Died 1 Oct 1917. For 30 years Warden and Vestryman of this Church. RIP.” Above right: Detail from the Easter window.

PHOTO’S: INFORMATION SERVICES OTAGO LTD.

Regular Services

please consult The Pebble or our website for variations

All services are held at Saint Peter's unless noted otherwise

SUNDAY:	8am	Holy Communion according to the Book of Common Prayer
	10.30am	Solemn Sung Eucharist
TUESDAY:	11am	Eucharist in the Chapel of St Barnabas' Home, Ings Avenue
THURSDAY:	10am	Eucharist
FIRST THURSDAY OF EACH MONTH:	11am	Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent



Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

The Rock

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July Vestry Notes:

By Ian Condie,
Vestry Secretary

Dour Vestry met to consider a fairly full agenda. The Vicar gave a description of the Diocesan committees he has been appointed to and the various aspects of church life they impinge upon as well as their continuing efforts to improve the church community.

Financial matters, although worldly, are essential so it was good to hear that Saint Peter's is still solvent in spite of another repair to a small leak in the roof. Under the same general heading came Tubby's report on necessary repairs to the cottage and estimates from various sources are awaited.

There was some tidying up of our petty cash procedures.

The upgrading of the security system is almost complete but we have been informed that new government regulations might make our sound system illegal next year so the situation is being investigated.

A paper from the Diocesan Manager about a new administration project had to come under Any Other Business owing to its late arrival. Among other things, it requested a return from all parishes of details of buildings they own. 📧

The Frolicsome Friar



FOUND AT WWW.HOWTOGEEK.COM



Two Irishmen were sitting in a pub watching the Tour de France on TV.

Seamus shook his head and asked, "Whoi do they do that?"

"Do what?" asked Mick.

"Go on them boikes for moiles and moiles, up and down t'e hills, round t'e bends. Day after day, week after week. No matter if it's oicy, rainin?, snowin?, hailin? why would they torture themselves like that?"

"Tis all for the prestige and the money," replied Mick, "You know the winner gets about a half a million Euros?"

"Yeah, I understand that." said Seamus, "But why do all the others do it?"



Now you can donate to Saint Peter's online

<http://www.givealittle.co.nz/org/SaintPeters>

For your diary

Sunday, 10 August : Feast of the Transfiguration

Sunday, 17 August : Feast of the Assumption of Mary

Weekend of 12-13 September : Diocesan Synod in Oamaru

Sunday, 2 November : All Souls

Sunday, 16 November : Commemoration of the Dedication of the Church

Sunday, 21 December : Festival of Nine Lessons and Carols

Michaelmas 2015 : Saint Peter's 150th Anniversary celebrations

Saint Peter's People



Andrew Nicolson's story

As told to Michael Forrest

Andrew was born in Dunedin but brought up in Oamaru during the 1960s. His father, who had flown DH Mosquito day/night fighter aircraft for the Royal Air Force during the Second World War, worked in sales for Wright Stephenson and was transferred to North Otago to be the Trading Division Manager there. On retiring from that he went into real estate.

Andrew went to Waitaki Boys' High School then to the University of Otago to study accounting.

While studying (in the very early 1980's) he worked in the office at Arthur Barnett, becoming the branch accountant. At this time he met *The Rock* editor David Scouler who was working for Allied Computer Processors, who looked after Arthur Barnett's computer systems. However Andrew never quite finished his degree because he had chosen marketing as a second subject and did better at that than accounting, but was unable to master its statistics requirement.

He was transferred by Arthur Barnett to retail sales in the appliances department. There he came to know the Fisher &

This month we meet someone who is not a parishioner, but who has a definite association with Saint Peter's.

The stories of various "Friends" of the parish will appear from time to time amongst those of our parishioners.



Catherine and Andrew on holiday.

PHOTO'S: SUPPLIED.

Boise, Idaho, then (following a merger with Blue Star) became today's Officemax. From sales representative (or, as they say these days, "account manager") Andrew was promoted to overall branch manager of Boise/Officemax in Dunedin, with thirty-odd staff.

The company went through significant change, which included the Dunedin distribution-facility moving to Christchurch and finally the merger of the Otago and Southland sales territories, at which point Andrew thought it time to take early retirement from Officemax. He went to Otago Polytechnic to gain an experience-based degree in applied management, with which he will soon graduate after completing management papers in real estate. He is now two-and-a-half years into his second career as a real-estate licensee salesperson with Ray White Dunedin, and has sold about twenty properties. He and his second wife Catherine, who has also changed career and is now a nurse, have no children but two spoilt cats, Leah and Max. They lived firstly in St Clair Park for seven years, then in Maori Hill for six years and have now been in Musselburgh for twelve

years. Andrew's many interests include photography, keeping fit, travel, sailing, windsurfing, and model railways—he has a well-designed layout at home which runs very nicely and which he is developing to a high standard. Skiing is another major activity, which he has done even in Canada. He has a power boat sufficiently large and well-equipped that people can sleep on it. Andrew and Catherine share the work in the garden and have renovated their whole house. He is associated with the Cancer

(Continued on page 5)

Dedicated and
compassionate
professionals

*"Buildings are only brick and mortar;
it's our people who provide such quality
service to families"*

Alan Gillion

 **Gillions**
Funeral Services

Paykel sales representative who made him realise that whereas in retail you wait for things to happen, a sales representative makes things happen. Thus Andrew left Arthur Barnett and took a position as a sales representative for Whitcoulls Office Products. This company became Boise (pronounced "boyzee") on being sold to an American corporation based in



Part of Andrew's model railway layout at home.